

## WAIVER AND RELEASE OF ALL CLAIMS

*Coaches and Athletes Clinic – Loras College Track & Field*

Due to the difficulty and high cost of obtaining liability insurance, the agency providing liability coverage for Loras College REQUIRES the execution of the following Waiver and Release. Your cooperation is greatly appreciated.

Please read this form carefully and be aware that in registering your minor child/ward for participation in the Loras College Track & Field Learn By Doing Clinic on January 11th, 2009 You will be waiving and releasing all claims for injuries you and/or your child/ward might sustain arising out of this program.

I understand that Loras College does not carry insurance for injuries sustained by participants in this event. Therefore, participants in this event should look to their own health insurance policy for any injuries sustained in connection with or arising out of this event. The absence of health insurance coverage does not make Loras College responsible for payment of medical expenses.

As a participant in the Loras College Track & Field Coaches and Athletes Clinics on January 11th, 2009. I agree to assume the full risk of any injuries, including death, damages or loss regardless of severity, which my child/ward or I may sustain as a result of participating in any and all activities connected with or associated with, or arising out of this event.

I agree to waive and relinquish all claims my child/ward or I may have as a result of participating in the Loras College Track & Field Coach and Athletes Clinic against Loras College and its directors, officers, trustees, agents, servants and employees. I do hereby fully release and discharge Loras College and its directors, officers, trustees, agents, servants and employees from any and all claims from injuries, including death, damage or loss which my child/ward or I may have or which may accrue to me on account of my participation.

I further agree to indemnify and hold harmless and defend Loras College and its directors, officers, trustees, agents, servants and employees from any and all claims from injuries, including death, damages and losses sustained by me or my child/ward or arising out of, connected with, or in any way associated with the activities of this event.

### PERMISSION TO SECURE TREATMENT

In the event of an emergency I authorize Loras College to secure treatment from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for my or my child's/ward's immediate care and I agree that I will be responsible for payment of any and all medical services required.

I have read and fully understand the aforementioned Program Details, Waiver and Release of All Claims and Permission to Secure Treatment, and all information supplied by me is accurate and current to the best of my knowledge.

Athlete name: \_\_\_\_\_

Address: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Relationship to participant: \_\_\_\_\_

Loras College Track & Field  
1450 Alta Vista  
Loras College BOX 224  
Dubuque, IA 52004

# Loras College Track & Field



## Coaches and Athletes Clinic

**Sunday, January 11, 2009**

Session 1: 12:00pm—3:00pm

High Jump or

Shot Put or

Long Jump & Triple Jump

Session 2: 3:30pm— 6:30pm

Distance or

Pole Vault or

Sprints & Hurdles & Relays

# TRACK & FIELD ATHLETES & COACHES

## Program

The Loras College track & field team is conducting a “*Learn-By-Doing*” clinic for male and female athletes in grades 10-12. Coaches are also encouraged to attend and do not have to participate. Activities will include: warm-up, event-specific drills, videotaping and viewing sessions. Clinic staff will be comprised of the Loras College coaching staff and athletes. Sessions are broken up into specified events. Feel free to attend multiple sessions.

## Registration & Fee

The registration fee for athletes is \$35 per session or \$60 for both sessions. \$35 for coaches for all day. To reserve a spot send in application and fee. Please make checks payable to Loras College Track & Field. **Reservations are required for all session.**

## What to bring

Each athlete should bring their own gear to work out in: sweats, shorts, shirts, shoes, and spikes. Pole-vaulters should bring their own poles & throwers need to bring implements.

## Location

Loras College, Dubuque, IA  
Graber Sports Center

\*Additional forms available  
<http://www.loras.edu/athletics/>

## Instructor Profiles:

### **Bob Schultz:**

Fourth year as Head Track & Field / Cross Country Coach at Loras College. Schultz previously coached at Lewis University and led their Track & Field team to 4 Conference Championships. In his 2nd season at Loras the Duhawk men won the 2007 Indoor IAC Championship. He has coached multiple National Champions and All-Americans at both Division 2 and Division 3 schools including Duhawk Ben Grant in cross country and the 4th place Dist Med Relay in 2007.

### **Ryan Rupcich**

In his first year at Loras College Ryan will be coaching the pole vault and high jump. He graduated from Fresno State University with a degree in Kinesiology. He vaulted and high jumped for the Division 1 team and was voted captain in 2007. Before college Ryan was an active duty Marine during 2000 to 2004 serving in Operation Iraqi Freedom, Operation Enduring Freedom and Operation Sweeney in Iraq, Kenya, Korea and many other countries.

### **Tom Kult:**

Twelfth season as throws coach at Loras College. 1996 graduate of Loras College where he was a 5-time national qualifier and 1996 DIII All-American. While at Loras Coach Kult has coached 43 Iowa Conference Champions, 97 national qualifiers, 24 All-Americans, and 2 National Champions. The Loras throws team has been ranked in the top 10 in the nation for the past 6 seasons.

### **Matt Jones:**

Matt is a 2005 graduate of Loras College with a degree in sports management. Jones was a two-time All-American while at Loras. He was a member of several school record relays. This is Jones' third season with the Duhawks. In his first season with the Duhawks he crowned his first All-American, had three national qualifying relays, two individual national qualifiers and an indoor school record in the 4x400m relay. Matt has completed his USATF Level 1 certification.

### **Brian Cassidy:**

Former jumps and multi event coach from 2002-2004 & 2006-2007. He also served as the Head Track and Field/ Cross Country Coach at Mount Marty College in Yankton, South Dakota. As an undergraduate student at the University of Northern Iowa, he spent 4 years as a high school track, football, basketball, and baseball coach in the Cedar Valley. Cassidy has had numerous success with athletes from a diverse amount of events as he has specifically coached national qualifiers, All-Americans, and professional athletes within the distance, the jumps, throws, and multi events.

## Application Form

Name	_____
Address	_____ _____
Phone	_____
School	_____
Grade	Email
_____	_____
Insurance Company	_____
Policy Number	_____
Parent or Guardian Signature	_____

- Athletes Grades 10-12  
\$35 per session or \$60 for both
- Coaches \$35 for entire day
- Registration will be 15 minutes before each session

### Check one event for each session attending:

- **Session 1**
  - High Jump or
  - Shot Put or
  - Long Jump / Triple Jump
- **Session 2**
  - Distance or
  - Pole Vault or
  - Sprints / Hurdles / Relay

Event Areas & Personal Best:

\_\_\_\_\_  
\_\_\_\_\_

Total Amount Due \$ \_\_\_\_\_

Please make check payable to:  
Loras College Track & Field

Return Application/Wavier & Check to:  
Loras College Track & Field  
1450 Alta Vista / Box 224  
Dubuque, IA 52004